

Awakened Mind Training™ Practitioner Training Program

The Anna Wise Center Practitioner Training program is an in-depth series of seminars designed to teach you the fine points of helping people to awaken their minds.

In order to train people to master the power of their brainwaves, you need to understand these abilities from within yourself. Therefore, participation in at least one, and preferably more, experiential workshops is necessary to become a qualified practitioner. There are many workshops to choose from including the basic 5-day seminars of The Awakened MindSM, The High Performance Mind, and EEG & Spirituality, as well as a 7-day workshop and several advanced workshops. For the committed and diligent student, even one of our Basic Introductory Weekend Workshops will be accepted as the prerequisite to the Training Program. You may combine experiential workshops in whatever way you wish, but always start with at least one of the entry-level offerings. Experiential workshops may also be taken concurrently with the Practitioner Training Seminars.

Each seminar of the Practitioner Training Program covers theory, pattern recognition, and pattern interpretation, while at the same time having a self-contained specific focus. The Practitioner Training Program consists of 4 seminars and 2 practicums. The general descriptions of these workshops are as follows:

Descriptions of Seminars and Practicums:

Seminar 1: Includes

basic theory of the awakened mind; mind mirror operation; brainwave pattern recognition and introduction to brainwave interpretation; taking brainwave profiles; signature patterns; the generic Wise Protocol; and establishing an individualized protocol.

Seminar 2: Includes training specific brainwaves and brainwave combinations; writing meditations for beta mastery, alpha development, theta development, delta and the awakened mind; leading meditations – voice, presentation and practical issues.

Practicum 1: The first of two practical experiential seminars. The student is expected to have completed a number of brainwave profiles, begun case study work, and begun developing meditation leading skills. Pattern recognition and interpretation will be supervised. Student will be observed and receive feedback and continued instruction on voice and presentation.

Seminar 3: Includes

dealing with the content that arises from the subconscious; conducting individual sessions; using brainwave training for creativity, personal growth, self healing, and spiritual development within an individual client format; direct feedback; the relationship of the state and the content of consciousness. Each participant will experience an individual session with the group observing.

Seminar 4: Includes understanding protocols for three hour, one-day, weekend, three-day, and five-day workshops; the "grid" system; leading group meditations; processing content within a group format; group dynamics; ethics; bio-monitoring and giving brainwave feedback within the group context; addressing "energetics", spiritual crisis, and spiritual development.

Practicum 2: The second of 2 practical experiential seminars, each student is expected to lead a group session using a meditation he or she has written, and will receive feedback on presentation and content; each student will also receive feedback on required brainwave profiles, case studies and meditation writing assignments.

Certification requires attending all of the Practitioner Training Seminars and is given when the student exhibits satisfactory knowledge of the material and techniques, and displays an ability to help others awaken their minds. The purpose of the practicums is to provide an opportunity for students to demonstrate their knowledge and ability, while receiving feedback and developing their skills. The independent study is work to be done in between the seminars, specifically designed to help the student develop the skills necessary to be an Awakened Mind Trainer.

Final note:

I would ask you all to please remember that helping people to awaken their minds and gain personal mastery, is a pleasure, a privilege and a gift. It has been my life's work, that I have undertaken with heartfelt dedication. It is with this spirit that I am attempting to devise the most thorough and effective way to help you attain these skills and abilities. Please remember to keep this work alive with divine source and inspiration, never allowing it to become dry, rote or only from beta.

Practicing all of the suggested homework/independent study to help others attain awakening is, in fact, a simultaneous practice of your own beta, alpha, theta and delta brainwaves, as you learn to read the brainwaves of your client, draw the patterns and keep a record of the session, interpret the patterns that you are seeing, make decisions as to what your client needs to best train his/her consciousness at any given time, lead the meditation or guide the client in the appropriate brainwave training, while having an empathetic understanding of and communication with your client during the conversation and the meditation, as well as having an appropriate openness and connection with your own spiritual source during the entire process. Therefore, in doing this work you are continuing your own journey of awakening and self-mastery at the same time.

If you are uncertain about whether to attend, or need clarification about an issue involving the training, please telephone me at (510) 649-1210, so I can discuss it with you. I'm looking for people who really feel drawn to this work, and feel almost a sense of calling or a "call to action". If you recognize the urgency with which our planet needs to awaken, please act on it. It is that kind of commitment and insight that is so desperately needed for a foundational healing of our society.

I am continually seeking a small group of committed practitioners, certified and confident in this work, to assist me or join with me to help strengthened and accelerate the transformation that is currently taking place on our planet.